

# Healthy average life expectancy (HALE) in the WHO African Region

Healthy average life expectancy (HALE) at birth is the average number of years that a person can expect to live in "full health" by taking into account years lived in less than full health due to disease and/or injury. HALE adds up expectation of life for different health states, adjusted for severity distribution making it sensitive to changes over time or differences between countries in the severity distribution of health states.

HALE in the African Region remains low. It was 53.8 years in 2016, this represents an increase of about 3 years compared to the value of 2010. The intercountry difference was the same in 2015 and 2016. The difference of HALE was 20.9 years between Mauritius and Central African Republic during the both consecutive years.

Females had higher HALE than males in the African Region for the periode 2000-2016. The HALE difference between both was about 2 years.

At the regional level, Africa is the place where people present the lower HALE in the world. HALE in that region was about 15 years less than in Europe (68.4 years in 2016).

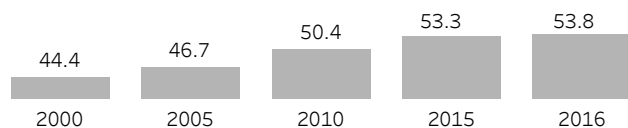
Source of data: Global Health Observatory

Available at: African Health Observatory, <https://aho.afro.who.int/data-and-statistics/af>

## Overview/Year

	2010	2016
Population size (in thousands)	867,307	1,019,922
Average life expectancy at birth (years)	57.6	61.2
HALE at age 60 (years)	12	12.5
HALE at birth (years)	50.4	53.8

## Trend in HALE at birth (Both sexes)/Year

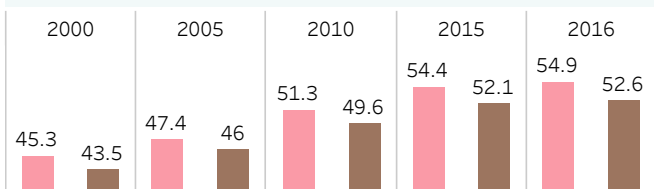


## Lowest HALE at birth (years)

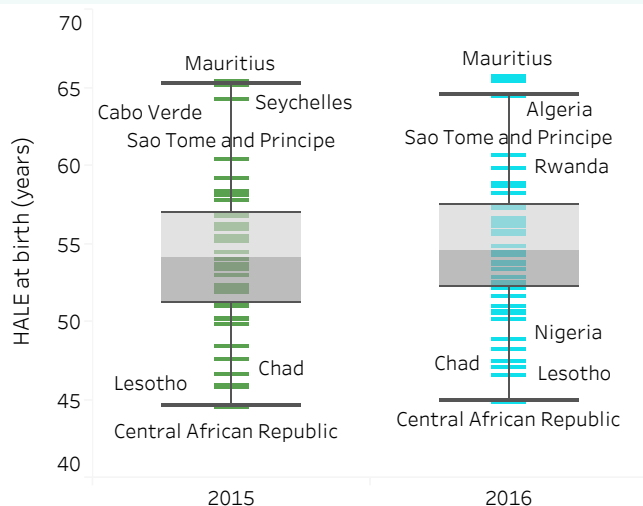
	2015	2016
Central African Republic	44.6	44.9
Lesotho	45.9	46.6
Chad	46.7	47.2
Sierra Leone	46	47.6
Côte d'Ivoire	47.7	48.3

Female  
Male

## Trend in HALE at birth/Sex/Year



## HALE Intercountry differences



## Highest HALE at birth (years)

	2015	2016
Mauritius	65.5	65.8
Seychelles	65.5	65.7
Algeria	65.3	65.5
Cabo Verde	64.3	64.5
Sao Tome and Principe	60.5	60.7

## HALE at birth/WHO Regions

