

Healthy average life expectancy (HALE) in Lesotho

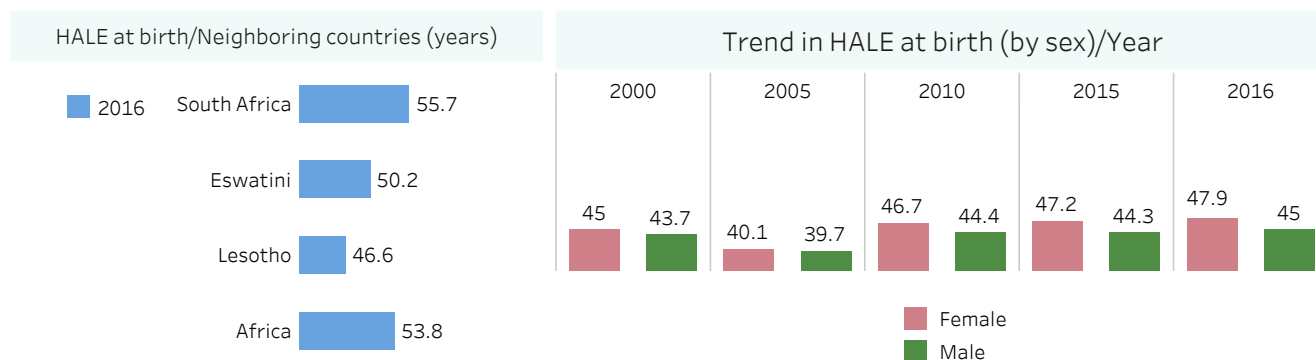
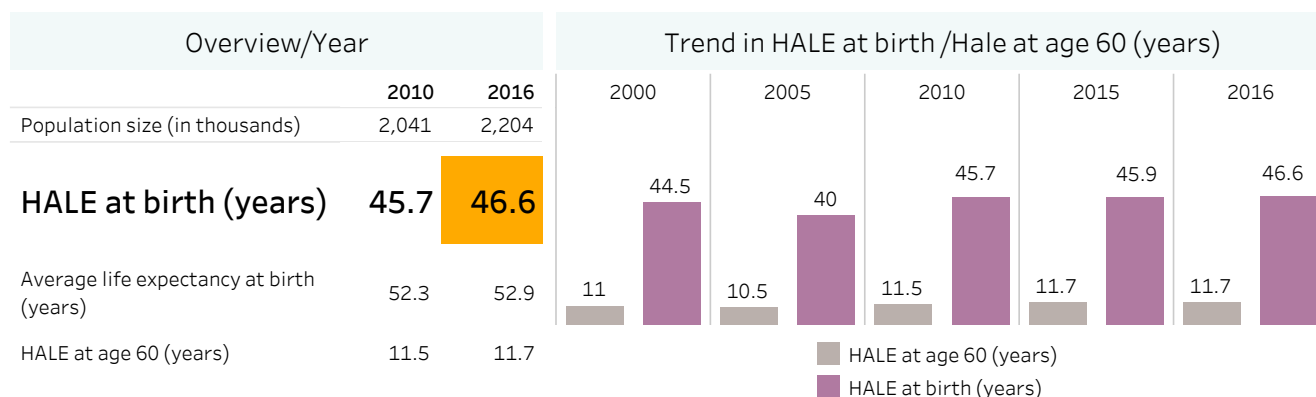
Healthy average life expectancy (HALE) at birth is the average number of years that a person can expect to live in "full health" by taking into account years lived in less than full health due to disease and/or injury. HALE adds up expectation of life for different health states, adjusted for severity distribution making it sensitive to changes over time or differences between countries in the severity distribution of health states.

With a weak service coverage index (48.3/100), population in Lesotho expected to live in average 46.6 years in "full health" in 2016. That represents an increase of about 1 year compared to the value of 2010. Over the period 2000-2016, HALE in Lesotho seems to increase by about 1 year each every 10 years.

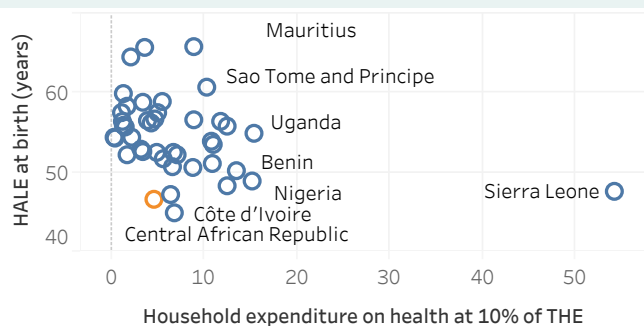
In Lesotho, women seem to live in "full health" 3 years longer than men (over the period 2015-2016).

Lesotho was ranked 46nd out of 47 for HALE in the African region in 2016. However, compared to its neighbors, Lesotho was ranked last behind South Africa (55.7 years) and Eswatini (50.2 years).

Source of data: African Health Observatory, <https://aho.afro.who.int/data-and-statistics/af>



HALE/Population (%) with household expenditures on health greater than 10% of total household expenditure or income (latest estimates)



HALE/UHC - Service coverage index (latest estimates)

